



**ICA Community of Practice
Meeting Minutes
January 11, 2024**

Attendees: David Gabert, Kristina Eyjolfson, Sam Machan, Chevie-lee Chace, Denise Fedunec, Vicki Hazelwood, Mitch Dibben, Miranda Hargreaves, Deanna Presley-Roberts, Amy L, Maritza Stinson

Presentation:

Community of Practice Discussions

- ICA Website Updates
 - Modifying the website on a regular basis. CART has been removed off the website and are actively working on the various pages on the website and what referral pathways may be out of date (Emily will be calling organizations).
- Referral Pathways Updates
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- Counselling Subsidy Updates
 - Remains available, information is up on the website. Not currently accepting applications on the Stabilization funds
- ICAP/CART Updates
 - Will be working through updates as developments happen and changes are made. Will be building a CART webpage on the ICA website, however, LHA has this information on their website: <https://www.lethbridgehousing.ca/coordinated-access-round-table>
- ICA Trainings
 - Training schedule is set, and a few things are being finalized. A pdf will be sent out shortly and will be found on the website. Tier 2&3 training has been blended.
- Presentations
 - David will follow up separately to set up.
- 2023/2024 Community of Practice Meeting Calendar

Community Trends, Issues & Challenges

Admin Support for Lethbridge ICA provided by

Canadian Mental Health Association, Alberta South Region
426 – 6th Street South, Lethbridge, Alberta T1J 2C9



Canadian Mental
Health Association
Alberta South Region
Mental health for all



- Service Provider Update Sheet:
https://docs.google.com/spreadsheets/d/1JA5ostkm4akrg3Yo4DOT6IX_H_AxPUHP2vAiGKmnRyw/
- Round Table on Trends, Issues & Challenges
 - Kristina-City of Lethbridge- extreme temperatures protocol has been activated. See link for more information: [Winter weather triggers City's Extreme Weather Response Protocols | City of Lethbridge](#). ICAP table will no longer be facilitated at the City of Lethbridge, rather now Lethbridge Housing Authority is facilitating. <https://www.lethbridgehousing.ca/coordinated-access-round-table>. Safer Communities Survey is out for the community: [Building Safer Communities Fund | Get Involved Lethbridge](#)
 - Denise-Family Centre- Jan 18th→ support group for parents raising neurodiverse children, partnering with Family Ties and Autism AB. Once up and running it will go to every 34d Thursday. Also on Jan 18th will be a group for those who are going through separation/divorce. Lots of programs being run and can be found on the website. Building at building the caregiver connections.
 - Chevie-Lee-Shelter- with the weather getting so cold a lot of people are coming inside to seek warmth and looking for housing supports. Ongoing winter and clothing drive, accepted at the doors (underwear, leggings, base layers, sweatpants, snowpants, wind breaker pants, long/short sleeve shirts, emergency blankets, winter accessories, blankets but not sleeping bags, feminine hygiene products.). Always accepting organizations to come in and provide presentations or activities, especially with it being so cold. The drop-in center is up and running. Seeing a trend in individuals that seek treatment, detox and have no where to go after and end up falling back into the addiction. Outreach team are seeing an increase in youth that are homeless in the downtown area.
 - David-CHMA- dot operating reduced hours from 7am-7pm 7 days a week, with only one team. All other programs operating as normal.
 - Vicki-Building Brains- program planned as part of research study at NordBridge looking at senior executive functioning. Lethbridge Housing Outdoor Play pop ups start next week. Have a few events this month at community connections and disability resource fair.
 - Maritza- lost one of our systems navigators. Have some practicum students from the Social Work program start this week. Miranda will be leaving in February for maternity leave and Maritza will be the main contact. We offer support services for all ages, however, the counsellor only see's clients 15 years and up but can receive support while they wait for a counsellor from a system navigator.
 - Amy- be fast friends event, this is speed finding for friendship for seniors. Seeing a trend regarding increase in housing challenges for seniors and increase in homelessness; higher levels of addictions and complex mental health.





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- Sam- have had some staff changeover in December. Programs resuming in the next couple of weeks.
 - Deeanna-District 51- waiting on what is occurring on bussing for tomorrow and will update the public once the information is received. If families that have students in Lethbridge District 51, there is support for winter clothing and emergency food hampers. A lot of referrals regarding support, some long standing for housing and economics.

2024 meetings from 11-12pm (second Thursday of every month)

- February 8, 2024
- March 14, 2024
- April 11, 2024
- May 9, 2024
- June 13, 2024
- July 11, 2024
- August 8, 2024
- September 12, 2024
- October 10, 2024
- November 14, 2024
- December 12, 2024

