





# HOMEBASE ADAPTIVE CASE MANAGEMENT (ACM)

Canadian Mental Health Association, Alberta South Region

## IS THIS PROGRAM/SERVICE FOR ME?

This program/service is for individuals who are living unhoused (homeless), at risk of being unhoused and/or have complex needs that would impact their housing stability,

#### WHO DO I NEED TO TALK TO?

If you call, you will be connecting with the CMHA Community LINKS program.

### WHAT I SHOULD KNOW ABOUT THE PROGRAM/SERVICE

This program/service is accessed by referral only and is not open to the general public at this time.

This program/service assists individuals to find and maintain suitable long-term housing and achieve an optimum quality of life. This occurs through the development of support plans, enhancing life skills, addressing physical health and mental health needs and identifying meaningful daily activities for all individuals served.

This program/service is available for no cost.

Eligibility is assessed through CMHA Community LINKS Intake.

#### **CONTACT INFORMATION**

- 403-328-5465
- Y Mobile within the community
- communitylinks@cmhalethbridge.ca
- https://lethbridge.cmha.ca/ or www.lethbridgeica.ca
- 🕒 Monday Friday, 8:00am-4:00pm

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