



REFERRAL
PATHWAY

COMMUNITY LINKS INFORMATION & REFERRAL

Canadian Mental Health Association, Alberta South Region



IS THIS PROGRAM/SERVICE FOR ME?

This program/services is for individuals who are needing assistance in navigating community services, completing applications for funding, building a resume, prepping on how to talk to a landlord, creating a budget etc. this service will be explained and offered. This service is available for everyone.

WHO DO I NEED TO TALK TO?

If you call, you will be triaged to services that would be the most appropriate for your need(s).

WHAT I SHOULD KNOW ABOUT THE PROGRAM/SERVICE

You can find us most often inside the Lethbridge Public Library, Main Branch, right across from the Customer Service Desk. This program/service is mobile within the community.

There is no wait time or cost for our services. Voicemails are typically answered within 24 hours Mon-Fri.

Home to the Getting Connected Booklet - also available online on the Lethbridge ICA website. A calendar of where Community LINKS is within the community can be downloaded off the Lethbridge ICA website.

CONTACT INFORMATION

 403-328-5465

 810 5 Ave. S

 communitylinks@cmhalethbridge.ca

 <https://lethbridge.cmha.ca/> or www.lethbridgeica.ca

 Monday - Friday, 9:00am-5:00pm

*Visit to find
more information*

