

**REFERRAL  
PATHWAY**

# ADULT COUNSELLING

Chinook Sexual Assault Centre

## IS THIS PROGRAM/SERVICE FOR ME?

This service is for individuals who have been impacted by sexual violence (Historic or Recent). Our Adult Counsellor will see anyone 15+, If under the age of 15 the system navigator would be happy to discuss other options at the time of intake.

Parental or Guardian consent required for those under 18.

## WHO DO I NEED TO TALK TO?

If you call, you will ask for a system navigator and Education Specialist for Adult Counselling.

During this intake the navigator will assess and offer resources to ensure all basic needs are met and the individual has coping and grounding skills.

## WHAT I SHOULD KNOW ABOUT THE PROGRAM/SERVICE

This program/service occurs in-person or virtually/online.

This program/service is available at no cost.

Typically you are able to access a System Navigator immediately or within the same day. Referral to Counselling can take a bit of time depending on needs of each person.

## CONTACT INFORMATION



403-694-1094



502- 740 4 Ave South (5th Floor of the Professional Building)



admin@csacleth.ca



<https://csacleth.ca/>



Mon-Fri. 8:00am- 5:00pm

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