



CHINOOK SEXUAL ASSAULT CENTRE

Sexual Violence Awareness Month Activities

This May, we are partnering with local businesses and community members to foster recognition and understanding for Sexual Violence Awareness Month. Keep reading for the highlights, and be sure to follow our social media accounts for all of the latest updates!

RunWild Virtual Race (May 4th/5th)

Join us for an event that combines fitness, fun, and fundraising at RunWild, the annual charity run hosted by Leading Edge Physiotherapy. Lace up your runners and get ready to make a difference! Whether you're a seasoned runner or just looking for a way to give back, RunWild offers something for everyone. By participating, you're challenging yourself *and* supporting a cause that makes a real difference in the lives of children and youth in our community. Every step you take helps raise vital funds for the CCYAC.

Businesses, this is also your chance to show your support and make a lasting impact. We encourage you to donate, participate in the run, and join us in rallying behind this important cause.

Sign up here!

"I believe you / U have the power" Merch

Local Artist TattsbyCass has collaborated with SoNormal to design custom merch through the month of May! The designs will be showcased on a range of items, including shirts, tote bags, and stickers!

Merch can be purchased in person at SoNormal, or online. See an example of the incredible artwork below!



Buy your merch here!

Glass Tumblers from UgliStuffs

UgliStuffs, a local small business, is crafting a line of custom designed glass tumblers (their signature product) which will be available for purchase throughout the month. For each cup bought, a portion of the proceeds will be donated directly to our organization! To buy a cup, visit the shop Downtown or click the link below!

Buy your cup here!

Ink for Change Tattoo Raffle

Get ready to win some incredible prizes this May as we team up with our talented local tattoo artists for a month-long raffle event that you won't want to miss, with prizes worth up to \$720!

There are 11 potential prizes to be won that were donated by local artists including:

- Andrew Page Tattooing
- Chansé Oviatt (La Lune Bleu Tattoo)
- Dylan Babe Tattoo
- Kelsey Nicole (Libertine Tattoo)
- Samantha Ambler (Libertine Tattoo)
- Selena Osborne (Libertine Tattoo)
- TattsbyCass / SoNormal

Buying a ticket for just \$40 is all you need to do to for a chance to win big! There are only 500 tickets for sale for the whole month, so make sure you get yours early. Must be 18 years or older to purchase.

Buy your ticket here!



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The Penny Coffee House

Through May, coffee enjoyed at the Penny is support towards a great cause! For every cup of French Press coffee sold, \$1 will be directly donated to us! All hot drinks will also come with a CSAC coffee sleeve featuring information that makes it easy for you to stay engaged. Scan the QR codes around the shop for more about our organization and programming!



reference cards attached to glow bracelets, serving as a reminder of the importance of consent and healthy relationships. This initiative underscores our commitment to promoting education and fostering healthy relationships within our communities.

"Tienes el Poder" / "You Have the Power" Workshop (May 9th)

Static Book Displays

Through May, static book displays will be set up at local libraries and bookshops. They will include a curated book list and materials people can connect with. You can visit the displays at:

- Analog Books
- Fort Macleod Public Library
- Lethbridge Public Library
 - Main Branch
 - Crossings Branch
- Pincher Creek Municipal Library

CSAC is excited to bring you "Tienes el Poder: Conociendo tu Rol Para Ponerle Fin al Acoso Sexual" (You Have the Power: Knowing Your Role in Ending Sexual Harassment). This workshop will be delivered in Spanish with the goal of helping Spanish-speaking individuals increase their knowledge of the topic of sexual harassment, build capacity to intervene, and familiarize themselves with resources available. The workshop will be held at CASA on May 9th from 6:00-7:30. We hope to see you all there!

CSAC se Complace en Presentarles "Tienes el Poder: Conociendo tu Rol Para Ponerle Fin al Acoso Sexual". Este taller se impartirá en español. Su objetivo es ayudar a las personas de habla hispana a aumentar su conocimiento sobre el tema del acoso sexual, desarrollar las capacidades para intervenir y familiarizarse con los recursos disponibles para apoyarlos. Esta presentación se llevara a cabo en CASA (Allied Arts Council) el 9 de Mayo de las 6:00-7:30. ¡Nos vemos allá!



Teal Lights at City Hall (May 6th)

In honour of Sexual Violence Awareness Month, City Hall will be illuminated with teal lights on May 6th, the colour symbolic of the prevention of sexual violence. We encourage people to show their TEAL!

Grad week Consent events (May 6th - 17th)

As young adults embark on their journey to adulthood, it's crucial to equip them with the knowledge they need to navigate relationships and consent. CSAC will be hosting events aimed at engaging graduates in these conversations. Students will receive



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Secondary Trauma Day - Galt Museum (May 16th)

Secondary trauma denotes the emotional strain experienced upon hearing about the firsthand trauma endured by others. Organized by CSAC, this event is extended by invitation only to our partner agencies who are engaged in providing support to children, families, and adults affected by trauma. The program agenda encompasses enlightening discussions featuring Dr. Kate Schwarzenberger, Catherine Pooley, and Mary Fox.

Engagement Strategies to End Workplace Harassment

This innovative 3-hour online workshop, designed by AASAS through funding by Department of Justice Canada is research-backed and proven to build the skills that help people understand, respond to, and prevent sexual harassment. In May, workshops are being offered at both the City of Lethbridge and Lethbridge College.

If you're interested in more information about one of these workshops for your organization, please reach out to admin@csacleth.ca or give us a call! Healthy workplaces are an integral part of healthy communities.

Ethics in Reporting on sexual violence - Media Event (May 31)

It is imperative to recognize the pivotal role media plays in disseminating information and educating the public. The task of reporting on instances of sexual violence demands a profound level of sensitivity and awareness regarding the significant influence wielded by media in shaping cultural norms surrounding consent. This session will be dedicated to highlighting the importance of adopting a trauma-informed approach when reporting on stories of sexual violence. By fostering a nuanced understanding of the complexities and acknowledging the impact of media representations, we strive to cultivate an environment conducive to respectful and informed discourse.

SCAN THE QR CODE TO VISIT LINKTREE WITH ALL OF OUR RESOURCES.

THIS MAY, LET'S SUPPORT EACH OTHER!



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