





# PEER SUPPORT GROUPS

Chinook Sexual Assault Centre

### IS THIS PROGRAM/SERVICE FOR ME?

A variety of groups are offered throughout the year for those that identify as male or female. There are groups for adults and youth (16+).

Call or email about availability and registration.

#### WHO DO I NEED TO TALK TO?

When you call, you will ask for a System Navigation and Education Specialist.

## WHAT I SHOULD KNOW ABOUT THE PROGRAM/SERVICE

This program/service can be provided in-person or online depending on the group. You can self-refer to groups, parental or Guardian consent required for those under 18.

This program/service is available at no cost and groups run in the evenings.

There is a possibility of a waiting period depending on the type of group you are wanting to attend.

Located within the Professional Building on the 5th floor.

#### **CONTACT INFORMATION**

- 403-694-1094
- 脊 502, 740 4 Ave. S, Lethbridge (wheelchair accessible)
- 🖂 admin@csacleth.ca
  - https://csacleth.ca/
  - Monday-Friday, 6:00-8:00pm

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