



REFERRAL
PATHWAY

CAREGIVER CONNECTIONS

Family Centre Society of Southern Alberta



IS THIS PROGRAM/SERVICE FOR ME?

Caregiver Connections provides support for individuals who care for a loved one or dependent who is experiencing mental health concerns and/or substance use. Caregivers can be parents, family members, spouses, close friends and many more.

WHO DO I NEED TO TALK TO?

If you call, you can talk to the Family Connector for information on available services.

WHAT I SHOULD KNOW ABOUT THE PROGRAM/SERVICE

Caregiver Connections is a program which offers quality, caring peer-to-peer family support.

Specific information and resources are provided to build skills that can assist those affected by a loved one's mental illness, mental health concerns and/or substance use concerns, while supporting individual balance.

CONTACT INFORMATION

 403-320-4232 ext. 204

 #225 200 4 Ave. S (second floor Melcor building)

 family.connector@famcentre.ca

 www.famcentre.ca

 Mon, Tues, Fri 8:30am-4:30pm
Wed-Thurs 8:30am-7:30pm

 Visit to find
more information