



REFERRAL  
PATHWAY

# COUNSELLING AND PSYCHOLOGICAL ASSESSMENT

True Balance Counselling



## IS THIS PROGRAM/SERVICE FOR ME?

This program/service is for children, youth, adult, couples and families.

If accessing subsidized counselling for this program/service, you will need proof of income and residency is required.

## WHO DO I NEED TO TALK TO?

If you call, you will ask for the intake coordinator.

During this phone call you can expect to book an appointment with the intake coordinator.

## WHAT I SHOULD KNOW ABOUT THE PROGRAM/SERVICE

This program/service occurs in person and online/virtually. This program/service can be accessed by phone, in-person and online/virtually. You can book through online website listed below.

This program/service is available with a fee.

Typically you are able to access the program/service within 2 weeks and will be contacted within 24 hours.

## CONTACT INFORMATION

 403-327-2333

 3228- Fairway St. S and #3. 704- 4 Ave N. Lethbridge AB

 [connect@truebalancecounselling.ca](mailto:connect@truebalancecounselling.ca)

 [www.truebalancecounselling.ca](http://www.truebalancecounselling.ca)

 Mon- Thurs, 9am-9pm; Fri 9am-6pm; Sat. 9am-4pm

*Visit to find  
more information* ←