



REFERRAL  
PATHWAY

# COUNSELLING & ASSESSMENT

Family Ties Association



## IS THIS PROGRAM/SERVICE FOR ME?

This program is for individuals (children, teens, adults) and couples wanting counselling services.

## WHO DO I NEED TO TALK TO?

If you call, you will ask for the Counselling Intake Coordinator.

During this phone call you can expect to receive information about the program intake process.

## WHAT I SHOULD KNOW ABOUT THE PROGRAM/SERVICE

This program/service occurs in-person, virtually/phone and individuals can self-refer.

This program/service is provided at a subsidized cost.

Documents you may need, depending on subsidy or full fee, are: proof of income, proof of Lethbridge residency, health benefits information and/or Credit Card Authorization form. If you have any fee concerns, please inform the Intake Coordinator.

Typically the program is able to connect with you within 1 week and waitlists depend on counsellor caseload. The Intake Coordinator will do an initial intake with you and the counsellor will contact you directly to book the first appointment.

## CONTACT INFORMATION

 403-320-8888

 #206, 909 3 Ave N. (Second Floor of Gov. AB building)

 home@familyties.ca

 <https://familyties.ca/programs>

 Monday-Friday, 8:30am-4:30pm  
or otherwise arranged with counsellor

← Visit to find  
more information