



# FAMILY CENTRE - DOWNTOWN

Family Centre Society of Southern Alberta

## IS THIS PROGRAM/SERVICE FOR ME?

Parents & caregivers, children, youth, and individuals can access services. Information and referral/system navigation services are available to anyone.

### WHO DO I NEED TO TALK TO?

If you call, you can talk to the Family Connector for information on available services.

## WHAT I SHOULD KNOW ABOUT THE PROGRAM/SERVICE

This program/service includes: parent & child play, parent education programs, one to one parent support, Family Success Coach, Indigenous family programming along with information and referral. Programs occur in person. One to one consultations and some parent education programs may be virtual. Most programs are no cost to low cost.

Typically you are able to access the Family Connector immediately or within 2 days.

Subsidized counselling is available through private counselors who see clients age 10 and up.

There is a registration form to complete for all activities.

#### CONTACT INFORMATION

403-320-4232 ext. 204

🕋 #225 200 4 Ave. S (second floor Melcor building)

family.connector@famcentre.ca

<u>www.famcentre.ca</u>

Mon, Tues, Fri 8:30am-4:30pm Wed-Thurs 8:30am-7:30pm Visit To find more information