



ICA Community of Practice

February 9, 2023

Attendance: Amy Labossiere, Brian Kostersky, Deaeanna Presley Roberts, Denise Fedunec, Kala Beers, Katherine Kuzminski, Kristina Eyjolfson, Sharon Brown, Rachel deBoer, Mitch Dibben, Sam Machan, Chevie-lee Mitchell

Meeting Minutes

1. ICA updates: ICA Team Lead
 - i. 2023 Training Schedule
 - a. Past Trainings – themes from feedback
Major themes: Increased knowledge of ICA System, use of the website, ICA Referral Pathways, training on how to use the Universal Screener and SPDAT, community connection and effort are important
 - b. Feb Cancellations: Tier 3 and Seniors
Emails from Eventbrite were sent out regarding the cancellation of this training. Please see the Training Schedule document for registration links.
 - ii. Counselling Subsidy – RH funding complete Mar 31, 2023
 - a. Psychoeducation sessions and Workshop opportunity from a practicum student at a participating counselling provider
 - iii. Downtown Safety Education & Information Sessions – information attached to email and also on the Lethbridge ICA Calendar of Events page on the website
2. ACTION ITEMS from last meeting:
 - i. Suggestions for presentations at COP – suggested agencies/services to present at COP – one per COP with the opportunity for roundtable
PACT Team, Blood Tribe Department of Health (shelter in particular), FSCD, PDD, Treaty 7 Housing, DVAT, Chinook Sexual Assault Clinic, Blackfoot Resource Hub
 - ii. Building Capacity – this needs to balance with what agencies already provide their staff
CPI Training or de-escalation equivalent.
What do agencies already do that could be shared? What internal training do organizations offer that could benefit system navigators? Such as Professional Development on having difficult conversations, framing conversations that will be helpful for referrals, basic counselling skills, and bringing forward person center practice/voice, motivational interviewing, trauma informed practice and approach, practical skill set (ie., burn out, boundaries).
3. Working Group Creation: ICA Referral Pathways
This group to support the increase in the number of referral pathways available on the





Lethbridge ICA website. If it is not you as the COP attendee, is there someone else on your team that could join? **Please contact Kala to join this working group**

Volunteers: Sharon Brown

4. Please provide any changes or clarifications to your programs
 - CMHA – Process of hiring for intake and triage for Community LINKS. Drafting edits for Community LINKS Getting Connected Booklet, if you have anything you'd like to add to the book please let Kala know.
 - Senior System Navigations – Heather Bursaw is now in a Manager position, and Amy has taken the Team Lead position. There will be a posting for a new SSN coming soon.
 - LHA-Eviction Prevention – no updates. If you do refer someone, apply for AB works first as that is the main barrier for funding.
 - Opokaa'sin – steady intake and referrals. Reading week camp (ages 7-13) and Blackfoot camp based on survival. Blackfoot language is still occurring on zoom, twice a month, contact Chevie-Lee for the link.
 - Lethbridge School Division – no updates.
 - Family Centre – Alannah is going on Mat leave in March, someone is filling in her place and will be at the next meeting. Offering Rainbows group to help children to assist children with grief or loss on February 24-March 31, 2023. Looking for 6 kids (ages 6-8 years). Please make referral and will be offered at westside location. Triple P child group, Thursdays March 2, 2023, 6-8pm. Family Success Coaches program open referrals for this program. Families with multiple barriers or risk factors. The referral can be up for 8 months.
 - Peak Support – Actively recruiting and hiring. Community Volunteer Income Tax program and opened to partners within the network.
 - BBBS – Ready Set Drive program occurring, and lessons are provided, and testing cost is covered. Bowl for Kids is happening March 17-18.
 - SASHA – PSH Consortium placement committee on March 8, 2023, at 1:30pm. If you have referrals for PSH there will be a working meeting on March 1, 2023, and submit to PSH outlook email. Sharon will send an email out next week to invite individuals to that meeting.
 - City of Lethbridge – no updates.

5. 2023 meetings from 11-12pm (second Thursday of every month)

- a. March 9
- b. April 13
- c. May 11
- d. June 8
- e. July 13
- f. August 10
- g. Sept 14
- h. Oct 12
- i. Nov 9
- j. Dec 14

