



ICA Community of Practice Minutes

January 12, 2023

Attendance: Kala Beers (CMHA, ASR), Kristina Eyjolfson (CoL), Stephanie Reyes (YWCA), Brian Kostersky (LHA), Sam Machan (BBBS), Maritza Stinson (CSAC), Angela Dixon (CMHA Practicum Student), Mitch Dibben (Peak), Sharon Brown (SASHA), Denise Fedunec (Family Centre)

Regrets: Anita Lethbridge (Holy Spirit School Division), John Thompson (LFS)

THREE ACTION ITEMS FOR THE NEXT COP MEETING BELOW

Meeting Structure

- 1. ICA updates: ICA Team Lead
 - i. 2023 Training Schedule
 - a. Those designated within that program indicated on sign up form
 - ii. Counselling Subsidy RH funding complete Mar 31, 2023
 - iii. Stabilization Funds definition of 'emergency'
 - a. Who in the community accesses this funding so other navigators can refer over?
 - ACTION ITEM: For these funds, what should be defined as an emergency application compared to the regular application process?
 Please think about what a timeframe looks like is this within 2 days?
 4 days? From when an individual presents to you that they will experience homelessness please see eligibility criteria
- 2. ACTION ITEM: Suggestions for presentations at COP which programs do you want to know more about in greater detail?
- 3. ACTION ITEM: Building Capacity what types of community trainings would you like to see organized through Lethbridge ICA?
- 4. Please provide any changes or clarifications to your programs
 - i. Send information to Kala to be sent out with the minutes

Opokaa'sin

Navigator continues to accept referrals and intakes. Opokaa'sin North Star Program and Blackfoot Women's Empowerment will be doing Blackfoot Doll Workshop making faceless dolls, dates are January 12, 18, 26, register with <u>Chantilly@opokaasin.org</u> or <u>melissa.shouting@uleth.ca</u>. Blackfoot Lessons via Zoom every other Tuesday at 6PM reach out

to <u>Chantilly@opokaasin.org</u> for the zoom account.

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Lethbridge Housing Authority: Eviction Prevention

Brian is new in the role from Jeannette

Family Centre

Family Connector will transition end of February due to Maternity Grief and Loss of any kind group for children – 6-8years old, 6 weeks, Rainbows Program

Chinook Sexual Assault Centre

2 new System Navigators have started. A schedule will be created for any upcoming programs will come next month

Peak Support Services First COP meeting

Big Brothers Big Sisters Programs starting next week. January is mentoring month. Bowling fundraiser in February.

SASHA

VERSA program is full – Team Lead will transition to Gina from Chloe at the end of the month One available space in the residential program.

YWCA Women's Residence

2 open beds, may get a call while trying to track down participants Big Cook event Feb 4, 2023 – reach out to Stephanie if interested in volunteering

CMHA, ASR

Community LINKS services continue to be available at the library and in the community

City of Lethbridge

Staffing updates – those with contracts with the City, will receive an email about changes and who to contact regarding Schedule Ds <u>csd.reports@lethbridge.ca</u>

5. 2023 meetings from 11-12pm (second Thursday of every month)

a.	February 9	g.	August 10
b.	March 9	h.	Sept 14
c.	April 13	i.	Oct 12
d.	May 11	j.	Nov 9
e.	June 8	k.	Dec 14
f.	July 13		

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Canadian Mental Health Association, Alberta South Region 426 – 6th Street South, Lethbridge, Alberta T1J 2C9



Canadian Mental Health Association Alberta South Region Mental health for all