

COP

June 8, 2023

11:00 am-12:00pm

Microsoft teams

Minutes

Attendees: David Gabert, Miranda Hargreaves, Sam Machan, Ashley Killins, Kristina Eyjolfson, Maritza Stinson, Vicki Hazelwood, Colleen Beck, Brian Kustersky, Richard D, Denise Fedunec, Miranda Hargreaves, Mitch Dibben, Sharon Brown, Amy Labossiere

Introductions of the group

David Gabert- Communication Lead for CHMA

Brian Lethbridge Housing Authority

Colleen -Alzheimer's Society

Denise Family Center

Kristina- ICA Tech, CofL, CSD department

Maritza- System Navigator Chinook Sexual Assault Center

Miranda- Chinook Sexual Assault Center

Mitch- Peak Support services

Richard D- Community Links

Sam- Big Brothers, Big Sisters

Vicki-Building Brains Together

Presentation-Building Brains Together

- Project out of the U of L neuro-science department focus on research and education.
- Early Development Scores identified children in Lethbridge as scoring below Alberta norms and Alberta's children as scoring below Canadian norms.
- Adopted a curriculum of activities that aimed to improve children's executive function skills.
- Offer free online courses at Building Brains website for clients and/or professional development.
- Curriculum is play-based activities and is free online under "resources" tab. Offer curriculum in Blackfoot and for children and adolescents.
- Check out "events" tab for a calendar location for location of community events.
- Early stages of creating a senior curriculum. A working group will be created to gather information to understand target audience.

Contact: Vicki.hazelwood@uleth.ca

Website: [Building Brains Together](#)

Community of Practice Discussion

- **Referral Pathways/ICA Website Discussion**-Richard and I have taken a deep dive with Kristina's support. Over the summer the website will be refined, particularly to the referral pathways. Will look at each referral pathway individually to make sure they are up to date.
- **Website Development:**
 - The layout will be changed to make it easier to find organizations under a category and alphabetically. The Tier training and Population System Navigator tabs will also change, and a list of which organizations belong to Tier 2 or Tier 3 will also be created to serve as a guide when looking for referrals and supports.

Please continue to give feedback!

Roundtable:

- Moving away from roundtable, rather using an update sheet.
 - https://docs.google.com/spreadsheets/d/1JA5ostkm4akrg3Yo4DOT6IX_H_AxPUHP2vAiGKmnRyw/edit#gid=0

Community Events

- Be sure to email any events Richard at Communitylinks@chmalethbridge.ca

Upcoming Trainings: see agenda for training dates.

Next Presentation: Richard from Community Links.

Challenges/Gaps/Trends

- Question—Telus Myhealth app allow a person to get a referral?
 - London Drugs- doctors clinic have a clinic that you book an appointment for
 - Rexall on the west side has a doctor at the walk-in that will sign referral documents.
 - Coaldale Ambulatory Clinic is also open.
 - Unattached Patient Clinic- referral only.
- Brian-suggestion that Security Guards, for example palliative care, take Tier 1 training.