





COUNSELLING

Lethbridge Family Services

IS THIS PROGRAM/SERVICE FOR ME?

Counselling services are for all peoples starting from age 3. There is counselling available for individuals, couples and families. This service also facilitates group counselling.

WHO DO I NEED TO TALK TO?

If you call, you will ask for the Counselling Intake Coordinator.

During this phone call you can expect to complete a short application form with the Intake Coordinator.

WHAT I SHOULD KNOW ABOUT THE PROGRAM/SERVICE

This program/service occurs in-person, by phone and online. You can access these services by calling the Intake Coordinator. Self-referrals are accepted.

This program/service is available at a subsidized cost, please connect with the Intake Coordinator.

Typically, you are able to speak with the Intake Coordinator within 24 hours.

CONTACT INFORMATION

403-327-5724

1098 3 Ave N.

🔀 counsellingintake@lfsfamily.ca



<u>www.lfsfamily.ca</u>



Mon, Thurs, Fri - 8:30am-4:30pm Tues, Wed - 8:30am-8:00pm

Visit To find more information