



COMMUNITY CONNECT

Lethbridge Senior Citizen's Organization (LSCO)

IS THIS PROGRAM/SERVICE FOR ME?

This program/service is for residents of Lethbridge who are 60 years of age or older, able to engage in conversation and have access to a phone. Weekly phone support is offered to seniors in an effort to offer emotional support, reduce isolation and loneliness while helping to build confidence.

WHO DO I NEED TO TALK TO?

If you call, you will ask for the Seniors Systems Navigator Intake worker.

WHAT I SHOULD KNOW ABOUT THE PROGRAM/SERVICE

This program/service occurs over the phone. Individuals can self-refer to this program/service.

Seniors or concerned supports can refer seniors to this program by completing the referral form - by clicking on the link or downloading it from the ICA Referral Pathway page. For seniors who are not comfortable with online technology, you can call the phone number below to register.

This program/service is available at no cost and is dependent on volunteer availability.

CONTACT INFORMATION

403-329-1544

500 11 St. S

intake@lethseniors.com



https://lethseniors.com/lsco-community-connect/

Calls are flexible - based on volunteer and senior's schedules

Visit to find more information