





SOUTHERN ALBERTA SELF HELP ASSOCIATION (SASHA)

IS THIS PROGRAM/SERVICE FOR ME?

This is a residential program that provides supports for adults aged 18 - 64 who experience severe and/or persistent mental illness. The program can be long term or transitional depending on individual circumstance.

WHO DO I NEED TO TALK TO?

If you call, you will ask for the Residential Case Manager or the Residential Program Supervisor.

WHAT I SHOULD KNOW ABOUT THE PROGRAM/SERVICE

This program/service can be accessed through a referral from a physician, psychiatrist or mental health case worker.

This program/service is fee for service.

Typically you will hear from SASHA within one week. There is a waiting period to enter the program.

Due to the facility layout, individuals in the program must be fully ambulatory.

CONTACT INFORMATION

403-942-2263

1239 5 Ave. S

info@sashasupports.org

https://www.sashasupports.org/

Mon-Fri, 8:00-4:00pm

